

DAY 1

# IN HIS STEPS

Fix Your Eyes on Jesus

connection  
ministries

To this you were **called**, because Christ suffered for you, leaving you an example, that you should **follow in His steps**.

1 Peter 2:21 (NIV)

# DAY 1

## INTERRUPTIONS

**Jesus heals Jarius' daughter, and the bleeding woman (Mark 5:21-42)**

*In their hearts humans plan their course, but the Lord establishes their steps.*

*Proverbs 16:9 (NIV)*

DAY 1

**INTERRUPTIONS**

# Who likes to be interrupted?



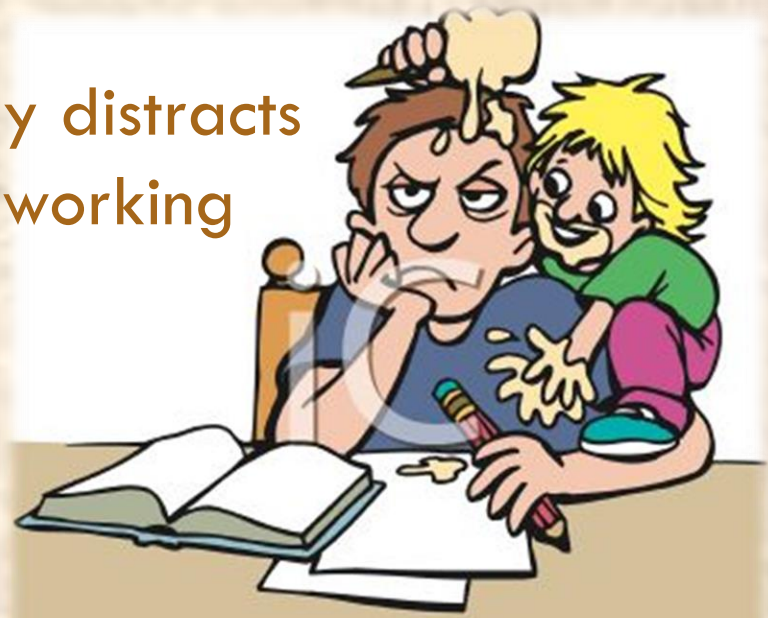
The dictionary defines  
**“interruption”** as something  
that causes a delay or  
stops an activity from  
continuing.

DAY 1

## INTERRUPTIONS

# Here are some examples of interruptions...

Your family distracts you while working



You want to take a nap, but someone asks you to help with chores



Your friend wants to talk while you're watching TV

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## INTERRUPTIONS

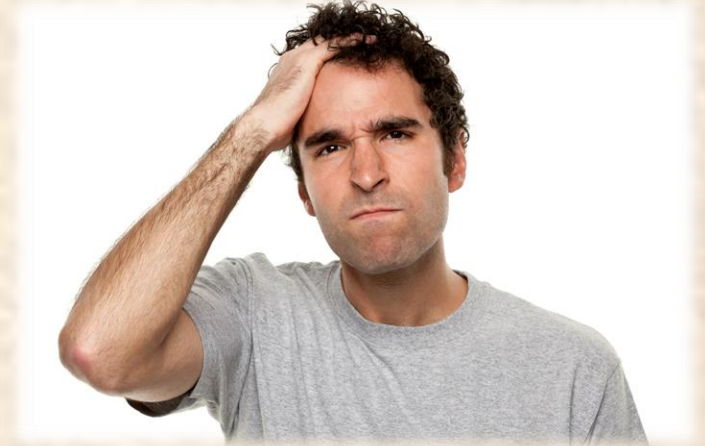
# How NOT to respond to interruptions



Pity Party  
*Poor me!*



Anger  
*Get lost!*



Not Fair  
*How unfair!*

Frustration  
*Why me?*



Ignore It  
*I can't hear you!*

DAY 1

INTERRUPTIONS

# How should a Christian respond to an interruption?

*“And we know that in **all things** God works for the good of those who **love Him**, who have been **called** according to **His purpose.**”*

*Romans 8:28 (NIV)*



**God can use interruptions to shape our character, like a potter shapes clay.**

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**INTERRUPTIONS**

# **How should a Christian respond to an interruption?**



**PRIDE**

**ME FIRST**

*God uses interruptions to chip away at pride and the “me first” attitude in our lives.*

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## INTERRUPTIONS

# How should a Christian respond to an interruption?

Who controls our time?

The world (*us*), or God?

Who should be in control?





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**INTERRUPTIONS**

# God uses interruptions to change us to be more like Jesus



*In their hearts humans plan their course,  
but the Lord establishes their steps. Proverbs 16:9 (NIV)*

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DAY 1

**INTERRUPTIONS**

# **God uses interruptions to change us to be more like Jesus**



**We become a Godly example for others.**

DAY 1

## INTERRUPTIONS

# Should Christians say “yes” to every interruption?

Some interruptions (or  
*distractions*) may be  
things God does not  
want us to do!

They could actually be  
worldly obstacles.



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## INTERRUPTIONS

# Should Christians say “yes” to every interruption?

Ask yourself these questions:

*Does the interruption harm  
my relationship with God?*

*Should I stay at home and  
watch TV, instead of going  
to church or Friendship  
group?*



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**INTERRUPTIONS**

# Should Christians say “yes” to every interruption?



**Ask yourself these questions:**

*Does the interruption harm  
my relationship with others?*

*Example: you answer the  
phone, or text during a meal  
with your family.*

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INTERRUPTIONS

# Should Christians say “yes” to every interruption?



Jesus did not respond to every interruption with a “yes”.

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INTERRUPTIONS

# Should Christians say “yes” to every interruption?

*“Very early the next morning, long before daylight, Jesus got up and left the house. He went out of town to a lonely place, where **He prayed**. But Simon and his companions went out searching for Him, and when they found Him, they said, ‘Everyone is looking for you.’ But Jesus answered, ‘We must go on to the **other villages** around here. I have to preach in them also, because **that is why I came.**’ ” Mark 1:35-38 (NIV)*

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**INTERRUPTIONS**

# **How can we tell if the interruption is something God wants us to do?**

What was Jesus doing when He was interrupted in the story from Mark 1?



**He was praying!**

**What can we do to figure out what God wants us to do?**





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**INTERRUPTIONS**

**How can we tell if the interruption is something God wants us to do?**

**Ask yourself these questions:**

*Will the interruption strengthen my faith or someone else's faith in God?*

*Will the interruption make me more like Jesus?*

*Will I be a Christian example for others to follow?*

**If the answer to any of these questions is “yes”,  
the interruption may be something God wants you to do!**

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# INTERRUPTIONS **How did Jesus handle interruptions?**



Jesus was interrupted by  
Jairus, who pleaded for  
Jesus to heal his daughter.

**Was Jairus' faith strengthened?**

**YES!**

Jesus responded to the interruption, and  
went with Jairus to help his daughter.

*(Mark 5:21-42)*

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# INTERRUPTIONS **How did Jesus handle interruptions?**

Jesus was interrupted again by a bleeding woman who wanted to be healed.

**Was the woman's faith strengthened?**

**YES!**



**Jesus healed the woman.**

*(Mark 5:21-42)*

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# INTERRUPTIONS **How did Jesus handle interruptions?**



**Jesus continued to  
Jairus' house and  
raised his daughter  
from the dead.**

*(Mark 5:21-42)*

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## INTERRUPTIONS

# How NOT to respond to interruptions



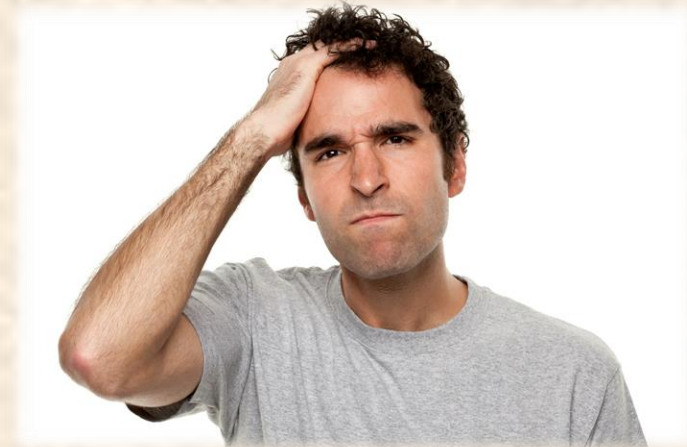
Pity Party

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## INTERRUPTIONS

**What should we remember  
from our Bible lesson?**

Some interruptions may be  
things God wants us to do.

**LOOK FOR  
GOD'S  
PURPOSE IN  
YOUR NEXT  
INTERRUPTION.**



DAY 1

## INTERRUPTIONS

# What should we remember from our Bible lesson?

Ask yourself these questions:

*Will the interruption strengthen my faith or someone else's faith in God?*

*Will the interruption make me more like Jesus?*

*Will I be a Christian example for others to follow?*

If the answer to any of these questions is **“yes”**,  
the interruption may be something God wants you to do!



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<https://www.biblegateway.com/versions/New-International-Readers-Version-NIRV-Bible/>

New International Readers Version (NIRV) Bible

New International Version (NIV) Bible