

# IN HIS STEPS

#### Fix Your Eyes on Jesus



To this you were called, because Christ suffered for you, leaving you an example, that you should follow in His steps. 1 Peter 2:21 (NIV)

#### Days 1 & 2 Review

Day 1: Handling interruptions as modeled by Jesus. Be patient when we face interruptions. Is our response to the interruption a Christian example to others?

Day 2: Show compassion for our neighbors, and love others as Jesus loves us.

What are ways that we can show compassion to others?



Jesus Teaches Us to Pray (Matthew 6:5-13)

Never stop praying. Give thanks no matter what happens. God wants you to thank Him because you believe in Christ Jesus.

1 Thessalonians 5:17-18 (NIRV)



## The 5 Ways to Pray

Jesus was in constant communication

with His Father through prayer.



To walk in His steps, we need to follow Jesus' example and be in daily prayer with God.



DAY 3

## The 5 Ways to Pray

Our prayer life is like a hand; just like we have 5 fingers, there are also 5 ways to pray!

ADORATION

He is HOLY

DAY 3

## The 5 Ways to Pray

The first way to pray is with ADORATION.

These are prayers of praise and worship to God.

We were made to worship God, and to acknowledge that He is our Holy Lord.

ADORATION

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I'm SORRY

DAY 3

#### The 5 Ways to Pray

The second way to pray is with CONFESSION. When we admit to God that we have sinned; confession is a

prayer of repentance.

God wants us to tell Him when we have sinned against Him.

ADORATION

**DAY 3** 

## The 5 Ways to Pray

The third way to pray is with THANKSGIVING. Thanking God for all He has given us.

#### THANK YOU!

ANTSONING

It's important to thank God for His blessings.

ADORATION

DAY 3

#### Pray for OTHERS

ON STAND

A ANSONING

INTERCESSION

## The 5 Ways to Pray

The fourth way to pray is with INTERCESSION/BLESSING.

When we pray for someone else and ask God to bless that person.

We are to love all of God's people as He loves us. Let's never forget to pray for others.

ADORATION

DAY 3

#### The 5 Ways to Pray

The fifth way to pray is with **SUPPLICATION.** 

A prayer that asks God for something.

God wants us to come to Him when we struggle; it shows that we trust Him. (But, don't forget to pray for others!)

Ask God for HELP

ON STATES

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MIERCESSION



The disciples asked Jesus how to pray in the Gospel of Matthew.

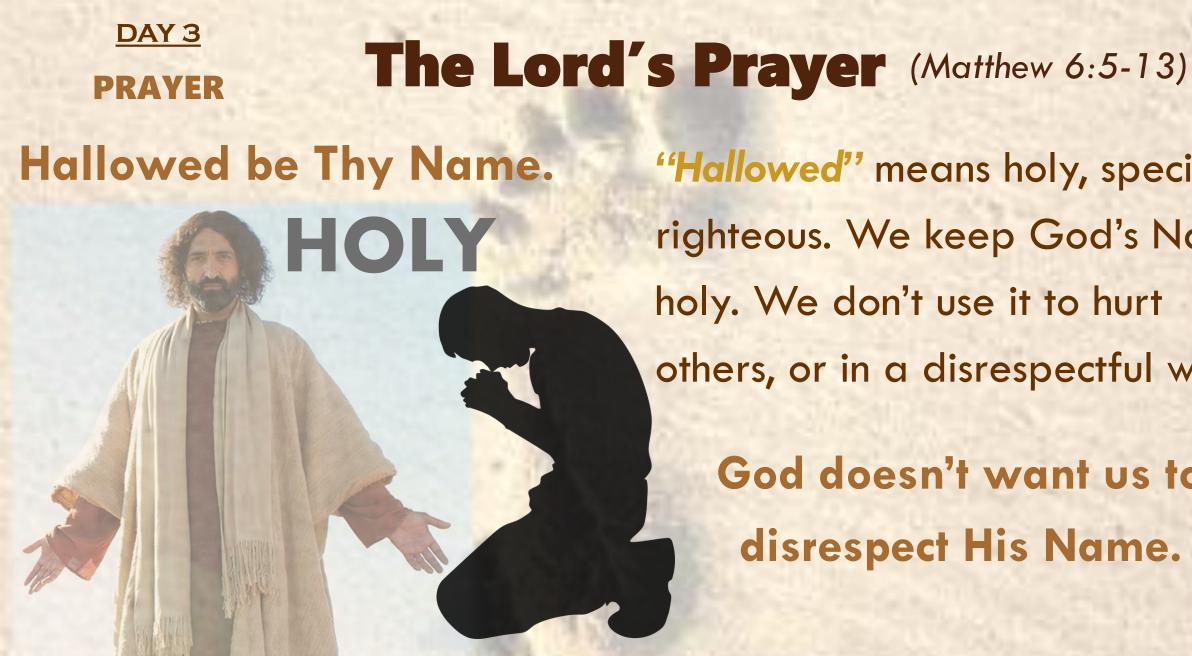
In response, He gave them (and us) the Lord's Prayer.

Let's take a look at each section of the Lord's Prayer!



#### DAY 3 PRAYER The Lord's Prayer (Matthew 6:5-13) Our Father who art in heaven.

God is Father to all of us. As believers, we are brothers and sisters in Jesus. Because of Jesus, the God of the universe allows us to call Him **Father!** 



"Hallowed" means holy, special, righteous. We keep God's Name holy. We don't use it to hurt others, or in a disrespectful way. God doesn't want us to disrespect His Name.

Do you misuse God's Name when you are angry?



The Lord's Prayer (Matthew 6:5-13) Thy kingdom come, We are asking God to help us Thy will be done, make the world the way He on earth as it is in heaven. wants it to be.

What would the earth be like if it was how God wanted it to be?

Do you think it would be more like heaven?



## The Lord's Prayer (Matthew 6:5-13) Give us this day

In the Lord's Prayer, bread is the symbol for asking God to make sure we have what we need.

Sometimes we can confuse what we **want** with what we **need**. God provides what we need for today. our daily bread.



Besides bread, what are the things we need in daily life?

DAY 3 The Lord's Prayer (Matthew 6:5-13) PRAYER And forgive us our trespasses When we trespass, or sin, (sins) as we forgive those who against God or another trespass (sin) against us. person, it is hurtful. 

TRESPASSING

We need to ask God and others we hurt to **forgive us.** We should also **forgive people** who hurt us.

When God forgives our sins, He also forgets about them.



Lead us not into temptation,

but deliver us from evil.



What can you do to keep from falling into temptation?

We are asking God to help us stay away from putting ourselves first by doing things that are wrong.

The Holy Spirit actively gives us strength to not fall into temptation. We ask God to protect us from what others might do to us.



The Lord's Prayer ends with a "doxology", or praise to God.

It was added later, and is a great way to start and end prayers by **praising God!**  For Thine is the kingdom, and the power, and the glory, forever and ever.





When we come to the end of a prayer, we say "Amen". It means "so be it", or "let it be so".

"Amen" means that we trust God has heard our prayers and will answer according to His will.

We can pray anytime we want to talk to God.

Amen.

ADORATION

CONFESSION

4XANISONING

MERCESSION

DAY 3

### **How can We Pray?**

**Remember the 5 ways to pray!** 

**ADORATION-** praise and worship to God.

**CONFESSION-** admitting to God when we sin.

**THANKSGIVING-** thanking God for all He has given us.

SUPPLICATION **INTERCESSION/BLESSING-** praying for someone else and asking God to bless that person. **SUPPLICATION-** asking God for something.



# What should we remember from our Bible lesson?

We should pray always; anytime, and anywhere.

We can sit, stand, and kneel. We can pray at church, before meals, first thing in the morning, and at night before we go to sleep. We can pray with people, and we can pray alone.

We can pray anytime we want to talk to God.

Never stop praying. Give thanks no matter what happens. God wants you to thank Him because you believe in Christ Jesus.

1 Thessalonians 5:17-18 (NIRV)

#### DAY 3 PRAYER

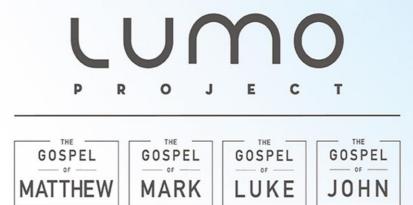
# What should we remember from our Bible lesson?

It's important to remember that God **always** listens and answers our prayers. He might not answer our prayers the way we want Him to, but He always answers them according to **His will** and what is best for us (*Romans* 8:28).

Prayer is one more way that we are walking in Jesus' steps!



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